



# **Traffic Safety for a Growing Older Driver Population**

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**AAA National**



**Washington**  
**Traffic Safety**  
**Conference**

**Seattle, WA**  
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# About AAA...

- Not-for-profit
- Over 52 million members
- 25 percent of U.S. households
- Over 100 years of public service



# Every Time an Older Driver Crashes...

## When it's time for Grandma to stop driving

Getting elderly motorists off the road poses myriad challenges



## Can A Driver Be Too Old?

By JAMES CARNEY; JEROME CRAMER/WASHINGTON AND BRUCE HENDERSON/MIAMI HERALD

## Video Store Crash Prompts Questions About Older Drivers



Posted: 6:53 pm EDT April 21, 2010  
Updated: 7:10 pm EDT April 21, 2010

**PITTSBURGH** -- An accident in which an 85-year-old woman drove her car through a Pittsburgh video store Tuesday has prompted new questions about whether older drivers should continue driving.

An 85-year-old woman, who drove her car through a vacant Hollywood Video store in the Squirrel Hill neighborhood, told relatives she did not know how the accident happened.

But investigators said skid marks left on the road, gas and brake pedals, Channel 11 News reported.

May 13, 2001

## Elderly Drivers: Not Ready to Give Up the Keys

Font size Print

(CBS) We should encourage more activity in Sun

# Grannies vs Teens Who's Scarier On The Road?

statistics indicate that more accidents happen at intersections – 54 percent.

This is behind obstinacy intent says.

**It's always the same reaction...**



**“What can we do about these older drivers?”**

# Setting the Record Straight...

BREAKING NEWS Followup: Mazda terminates Canadian dealer that swindled customer

## British study suggests that older drivers are safer drivers

by Jeremy Korzeniewski (RSS feed) on May 1st 2008 at 7:20 AM

Contrary to the findings of the Japanese Metropolitan study has just been released in Britain which suggests drivers are **not dangerous** on the roads. The Institute of Motorists (IAM) data shows that older drivers actually are **not** a risk than drivers under the age of thirty. Unfortunately, older drivers over the age of seventy are more likely to be

## Improving Road Safety For Older Drivers

Main Category: [Seniors / Aging](#)

Also Included In: [Public Health](#)

Article Date: 17 Apr 2010 - 0:00 PDT

## Older Driver Safety Awareness Week Highlights Options for Safe Mobility

### Local Network Assists Capital Address Problems, Safety Issues

by New York State Office for the Aging

ALBANY, NY (12/08/2009)(readMedia)-- This week marks the Older Driver Safety Awareness Week by the American Older Driver Safety Awareness Week aims to highlight the importance of mobility and transportation to ensure the community - shopping, working or volunteering - will not be the barrier to strand them at home.

enter friendly  view / write op

## *Healthy Aging : Preparation can help keep older drivers safe on the road*

BOSTON, MA — Chronic illnesses and the use of various medications increase the risk for auto accidents. Even normal, healthy aging can take a toll on a man's reflexes, reaction time, and sensory abilities. But proper preparations and precautions can help keep older men safely on the road, says the Harvard Men's Health Watch. For example:

# Road Map...



- Older Drivers by the Numbers
- Research: Past & Present
- Policy: Licensing, Infrastructure, Vehicles
- Tools & Resources for Consumers



# Road Map...

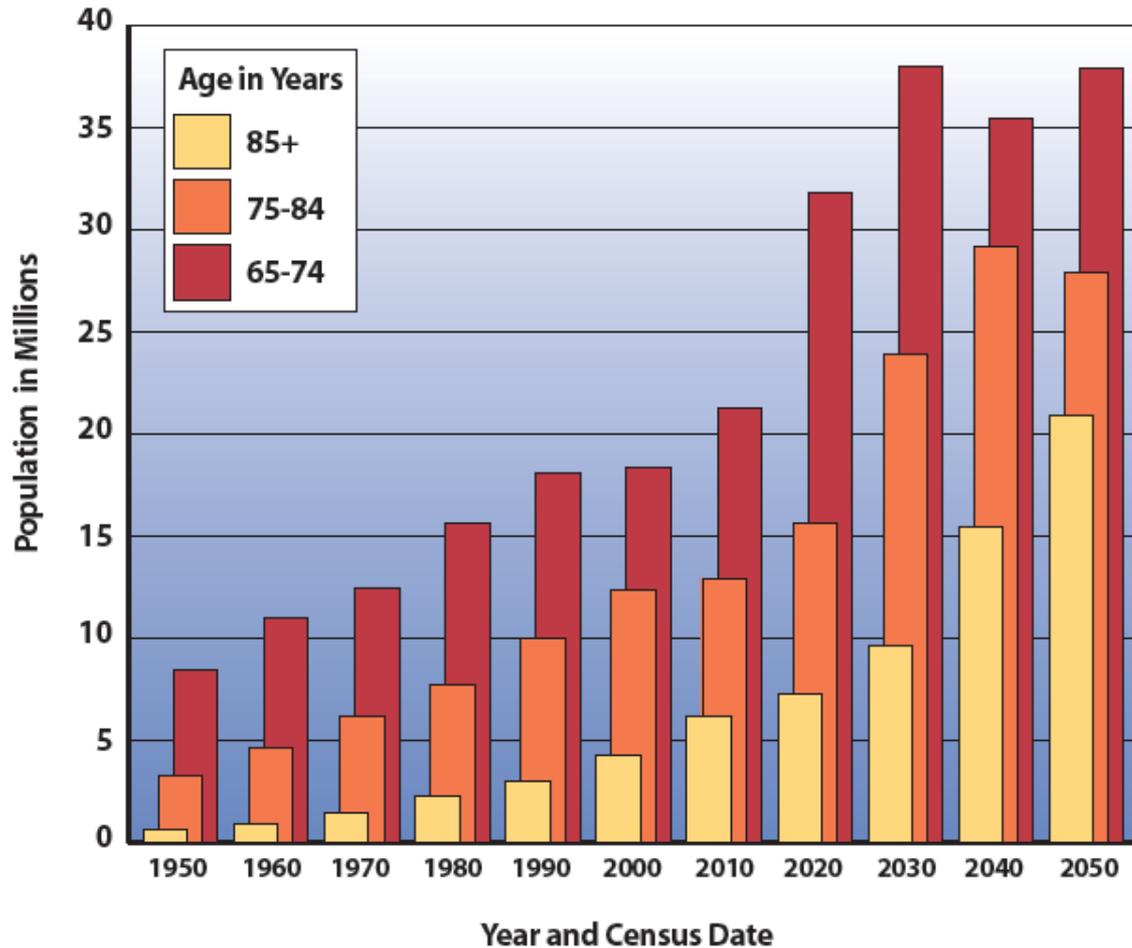


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# Shifting Demographics

## Older Population by Age: 1950 - 2050

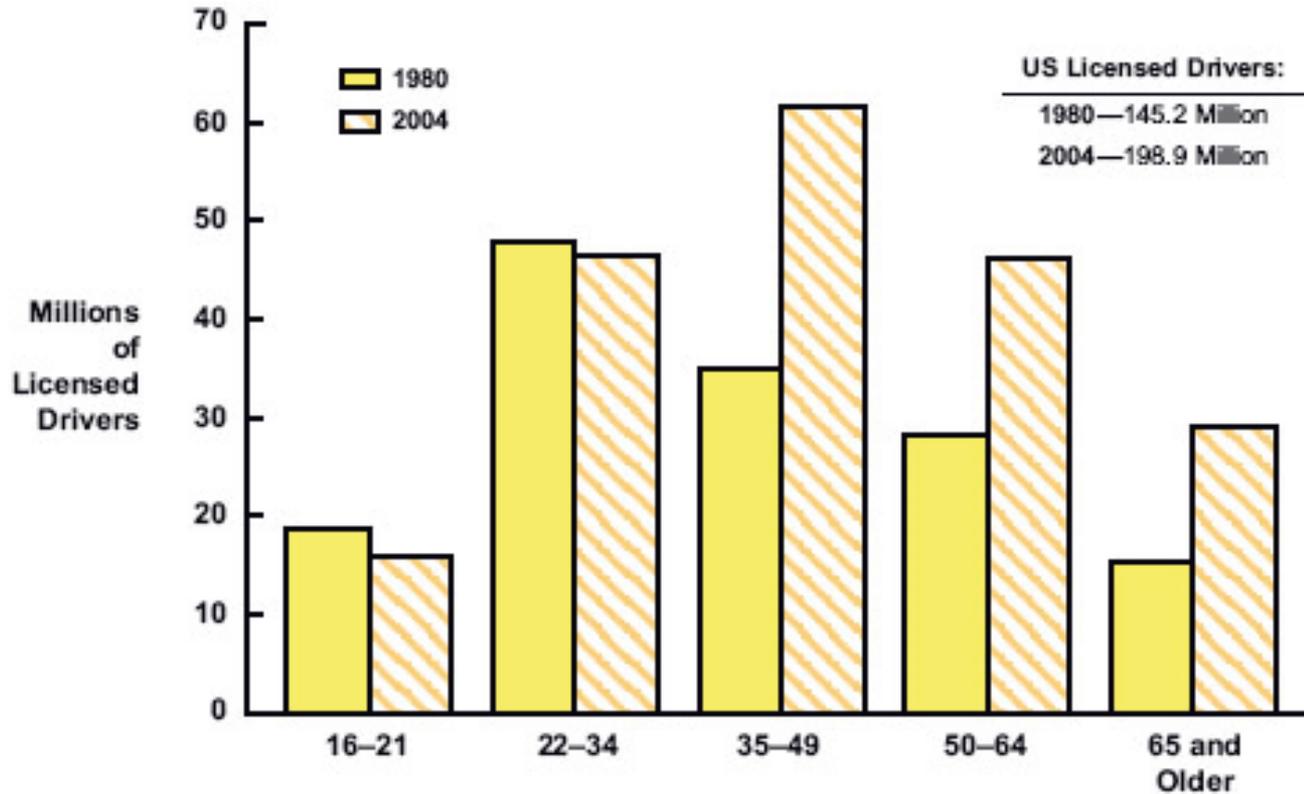


Source: U.S. Administration on Aging based on data from U.S. Census Bureau



# 25 Percent by 2030

Number of US Licensed Drivers by Age Category, 1980 and 2004

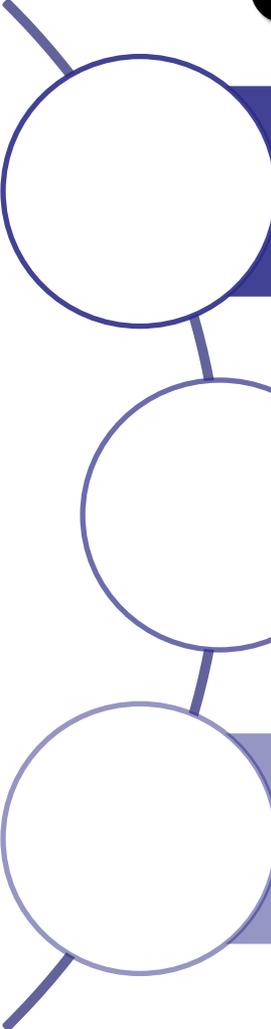


Source: Cambridge Energy Research Associates.  
Note: 2005 driver licensing data not available at time of publication.  
61018-13





# Crash Involvement



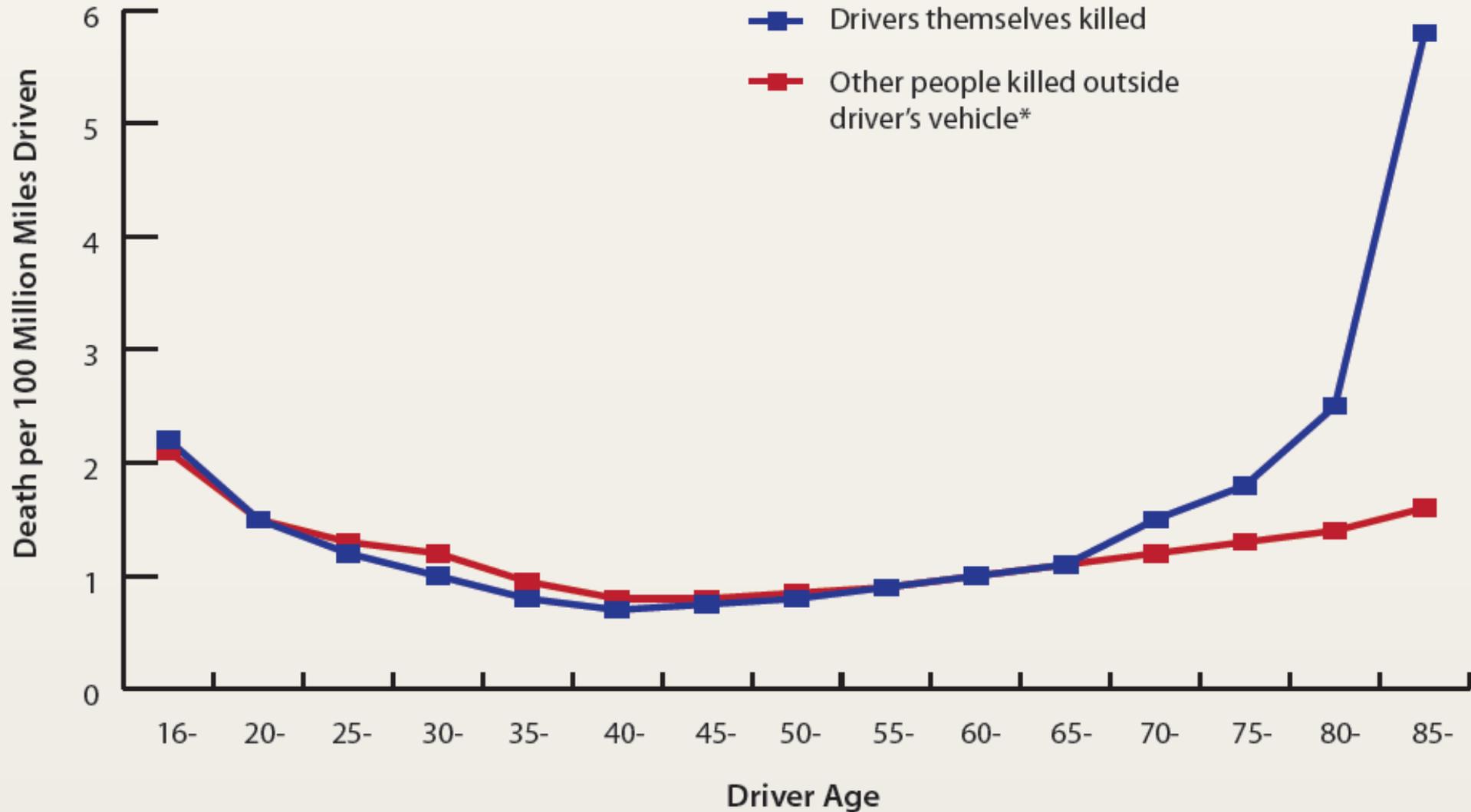
Drivers in their 70s crash about same as drivers in their 30s

Drivers in their mid-to-late 80s have lower crash rates than drivers in their early 20s

Drivers in their 80s have per mile crash rates about half those of teenagers!!!



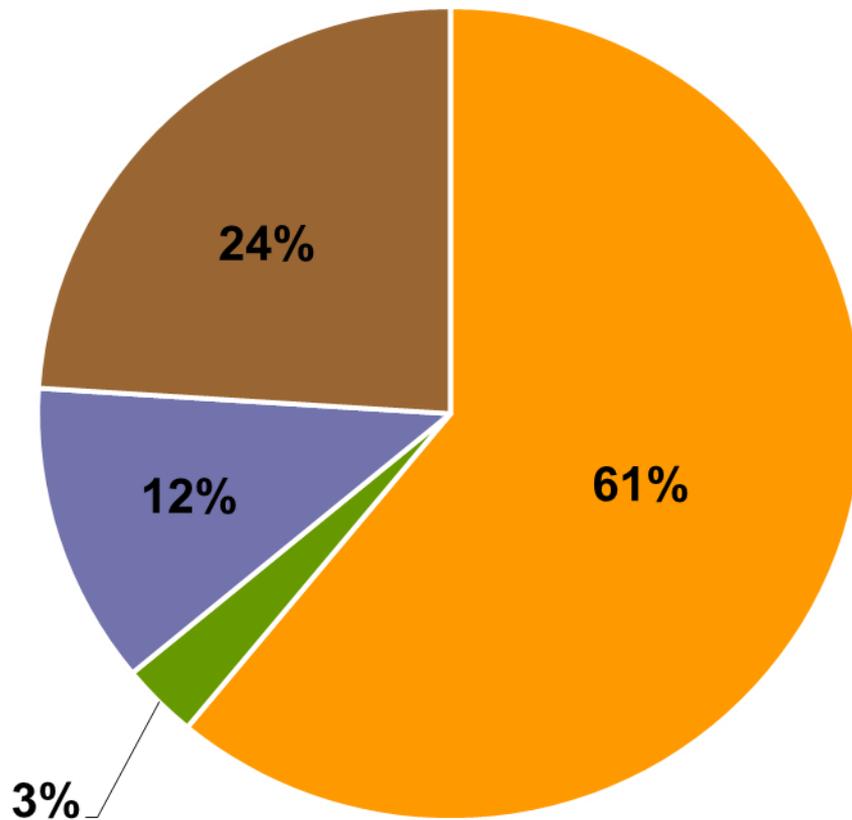
# Who do older drivers put in danger?



Source data: Fatality Analysis Reporting System, 2008–09; National Household Travel Survey 2008–09.

\*Occupants of other vehicles, pedestrians, bicyclists, etc.

# Deaths in Older Driver Crashes, 2013

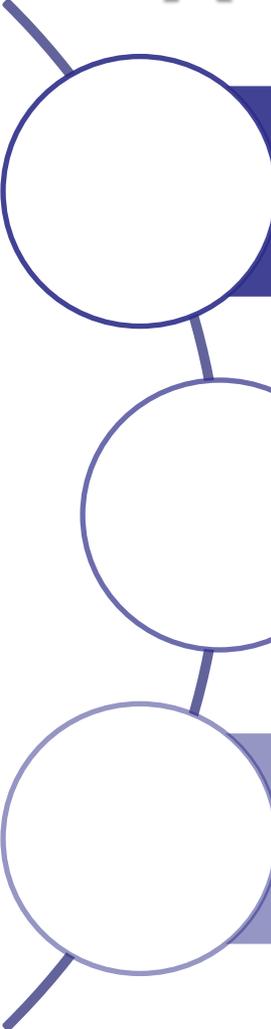


- Older Drivers
- Younger passengers of older drivers
- Older passengers of older drivers
- Occupants of other vehicles, pedestrians, motorcyclists, and bicyclists





# A Closer Look: Washington



829,708 people age 65+ are licensed

15.6 percent of DL holders in the state

81 percent of seniors ages 65+ have a drivers license





# Road Map...



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# Published in 2008

- Overreliance on rear back-up cameras
- 76 percent would purchase ACC again
- 38 percent thought ACC made them a safer driver
- 43 percent thought ACC would prevent crash

Seniors face serious driving safety and mobility issues.

**Use of Advanced In-Vehicle Technology by Younger and Older Early Adopters**  
September, 2008

**NHTSA**   

607 14th Street, NW, Suite 201 | Washington, DC 20005 | AAAFoundation.org | 202-438-5944





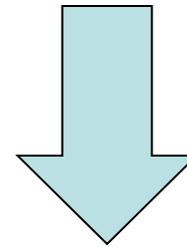
## Published in 2014

- Senior drivers today less likely to crash
- Senior drivers less likely to be injured/killed
- Vehicles safer, seniors healthier

**INSURANCE INSTITUTE  
FOR HIGHWAY SAFETY**

# Initiated in 2014

- Longitudinal Cohort Study
- 3,000 healthy active drivers ages 65+
- Comprehensive medical status and medication use
- Driving habits including VMT, trip purpose and self regulatory decisions



# Road Map...



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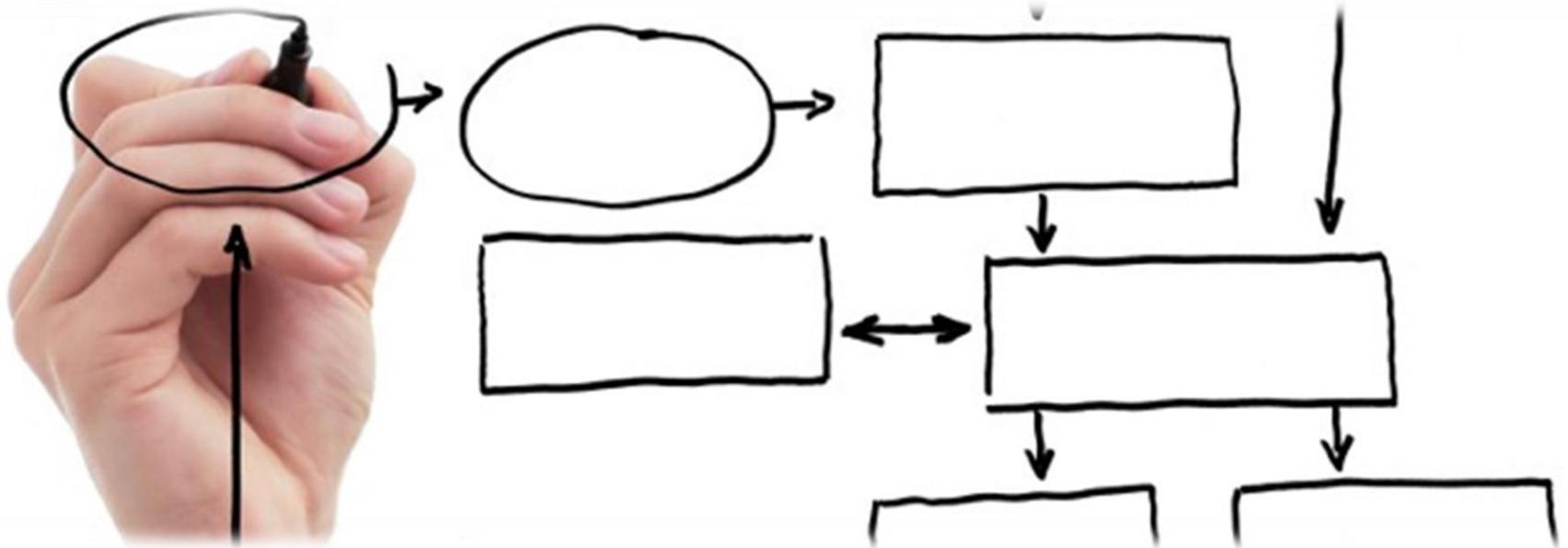
# Evidence-based Policy and Practice Recommendations

- **Works** – Evidence is sufficient to warrant a recommendation
- **Likely to work** – Evidence is weak or lacking, but the practice has been successfully applied by one or more DMVs and/or recommended in national/international consensus documents
- **Does NOT work** – Evidence is sufficient to recommend NOT adopting a particular policy/practice
- **Unclear** – Evidence is mixed, so that no clear recommendation can be made at this time



# Narrowing Down

- **29 approaches evaluated → 9 recommended**
  - **Able to benchmark progress**
  - **Do no harm**
  - **Low cost**
  - **Great potential for public good**



# What are the recommendations?

- **Identification** of at-risk drivers
  - In-person license renewal every five years for older drivers beginning no later than age 75
  - Visual acuity testing for all drivers at every in-person renewal
  - DMV staff observational training



# What are the recommendations?

- **Identification** of at-risk drivers
  - Form for easy physician referral
  - Form for easy law enforcement referral
  - Healthcare provider immunity for referral in good faith



# What are the recommendations?

- **Assessment** of at-risk drivers
  - DMV access to medical expertise



# What are the recommendations?

- **Adjudication** of at-risk drivers
  - Restricted licensing
  - Driver remediation or rehabilitation



# Using Results: State-level

# Driver Medical Toolkit

## Policy Approaches: Senior Driver Safety and Mobility in Alabama

### Senior Drivers: A Profile

Among our roadways' safest drivers

Compared to other drivers, seniors as a group are less likely to speed, less likely to drive after drinking, and more likely to buckle their seat belts. Seniors also tend to avoid high risk driving situations, such as driving at night, on unfamiliar roads, or in poor weather conditions.

Older adults are involved in fewer traffic crashes and tend to travel fewer miles than their younger counterparts. However, today's seniors can expect, on average, to live for 7-10 years beyond their ability to drive safely, so for the first time in history, we must plan for the possibility of our driving retirement just as we plan for our retirement from work.

### The Challenge: Maintain Safe Mobility

The impact of medical conditions on safe driving

While seniors as a group are generally safe drivers, increasing age is generally associated with a decline in the functional abilities important for driving, including vision, reaction time, and dividing attention between tasks. Older adults also have a greater occurrence of cardiovascular disease, and many seniors on the road is not age but an increased risk of crashing an

### The Solution: Evaluate

Driving is a function of ability

Just because someone is 75, 85, or 95 doesn't mean they are compromised. Drivers age off and mobility must take this reality rather than on the basis of chronological age.

In the U.S., state driver licensure and decisions about licensure, license renewal periods or after DMVs then conduct a more thorough review. This process varies considerably by state.

After a careful review of available data, states can design to increase safety.

States can also design to maintain confidence and independence. Visit [www.aaa.com](http://www.aaa.com) for more information.

### Know the Facts

People over 65 represent the fastest growing age group in the U.S., and by 2030 about one in four licensed drivers will be among them.

#### Alabama Snapshot (2009)

- 670,347 licensed drivers are age 65+
- That's 17.7 percent of all licensed drivers

#### National Snapshot (2009)

- 32.9 million licensed drivers are age 65+
- That's 15.7 percent of all licensed drivers

Alabama: Policies and Practices to Improve State Driver Medical Review Systems		MEETS AAA RECOMMENDATIONS?
Identification of At-Risk Drivers	<b>POLICY APPROACH</b> In-person license renewal for older drivers: <i>Allows for a range of opportunities for DMV staff to identify and refer potential at-risk drivers</i>	Yes • Alabama requires in-person license renewal for all drivers
	Vision testing at license renewal: <i>Declining sharpness of sight may be a sign glasses or contacts are required, or it may mean that an eye condition needs further evaluation by a health care provider</i>	No • Alabama requires vision testing for all drivers when renewing a license. AAA recommends requiring vision acuity testing for all renewals
	Form for easy physician referral: <i>Having a readily available form makes it easier for healthcare providers to refer a potential at-risk driver</i>	No • Alabama has an official referral form for healthcare providers available online. AAA recommends that states make available for health care providers a form for initial referral that is accessible electronically
	Form for easy law enforcement referral: <i>Having a readily available form makes it easier for police to refer a potential at-risk driver</i>	No • Alabama has an official referral form for law enforcement available online. AAA recommends that states make available for law enforcement a form that is accessible electronically
Assessment of At-Risk Drivers	Healthcare provider immunity for referral in good faith: <i>Healthcare providers may be discouraged from referring a patient if they can be sued for breach of confidentiality and violation of patient-doctor privilege</i>	Yes • Alabama offers civil and criminal immunity for state-licensing potential medical impairments that affect driving ability
	DMV staff observational training: <i>DMV licensing examiners can objectively observe motorists for potential impairments important to safe driving</i>	Yes • Alabama provides local examiners with training or guidance on potential medical impairments that can affect driving ability
Adjustment of At-Risk Drivers	DMV access to medical expertise: <i>Most states have established Medical Advisory Boards to advise on medical policy and assist with individual case reviews. However, a few states have adopted other models for obtaining needed medical expertise</i>	Yes • Alabama has a Medical Advisory Board that advises on potential medical impairments that affect driving ability and is available to provide input on individual cases
	Restricted licensing: <i>By restricting driving to lower risk situations (e.g., during daytime only, on lower speed roads, close to home), medically-at-risk drivers can lower their crash risk while prolonging mobility</i>  Driver rehabilitation or remediation: <i>Some drivers may be able to compensate for risky medical conditions and functional impairments by making modifications to their vehicle and/or learning new driving strategies to lower crash risk</i>	Yes • Alabama may issue conditional licenses that may include only, speed and/or road type, distance from home or required equipment  Yes • Alabama may refer at-risk drivers to occupational therapy specialists

<sup>1</sup> Alabama drivers receive vision screening when they renew in-person at an Alabama Department of Public Safety (DPS) state facility. Drivers may also renew their licenses at many of their local DMVs. However, it could not be confirmed with the AL DPS whether the local renewal process involved the same vision examination.

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## – Policies and Practices for Driver Medical Review – AAA State-By-State Snapshot

* As of April 18, 2012	AAA's Driver Medical Review Recommendations								
	Requires license renewal for older drivers	Vision testing at license renewal	Form for easy physician referral	Form for easy law enforcement referral	Healthcare provider immunity for referral in good faith	DMV staff observational training	DMV access to medical expertise	Restricted licensing	Rehabilitation or remediation
Alabama	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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Washington	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
West Virginia	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Wisconsin	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Wyoming	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
TOTAL number of state meeting AAA recommendations	51	39 + D.C.	28	20	29	26	33	33	31

In the U.S., state driver licensing agencies, or DMVs, have the responsibility to carry out policies related to driver fitness and decisions about licensure. This process varies considerably from state to state, and in many states, DMV policies and practices could be improved.

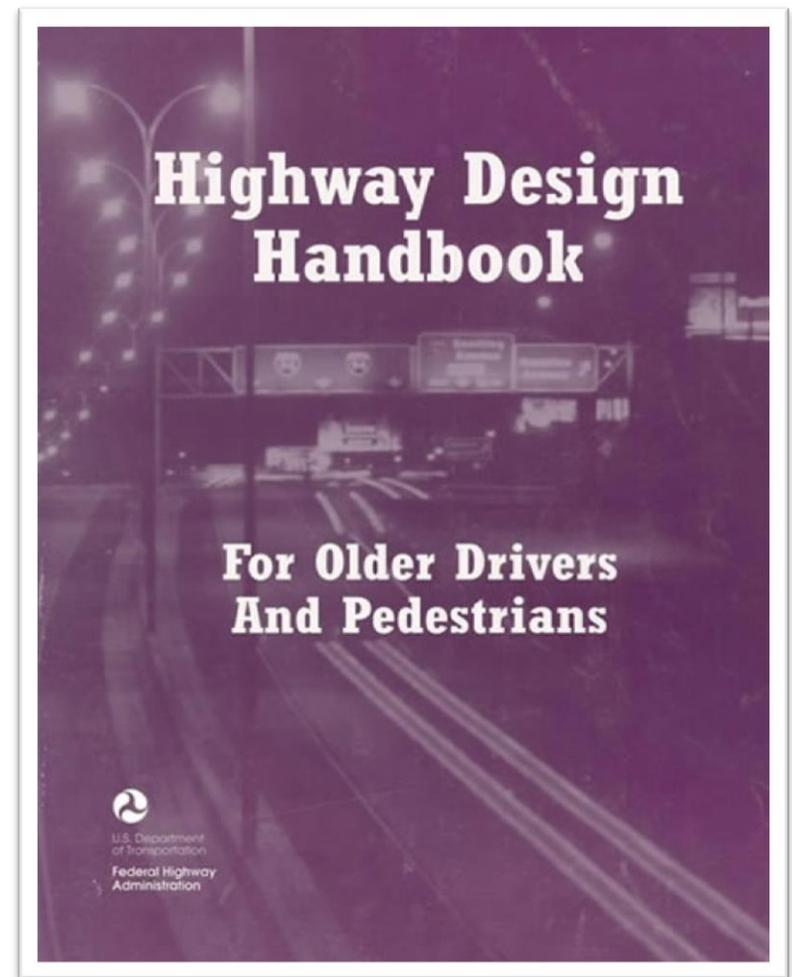
Legend	
<input checked="" type="checkbox"/>	Meets or exceeds recommendations
<input type="checkbox"/>	Fails to meet recommendations

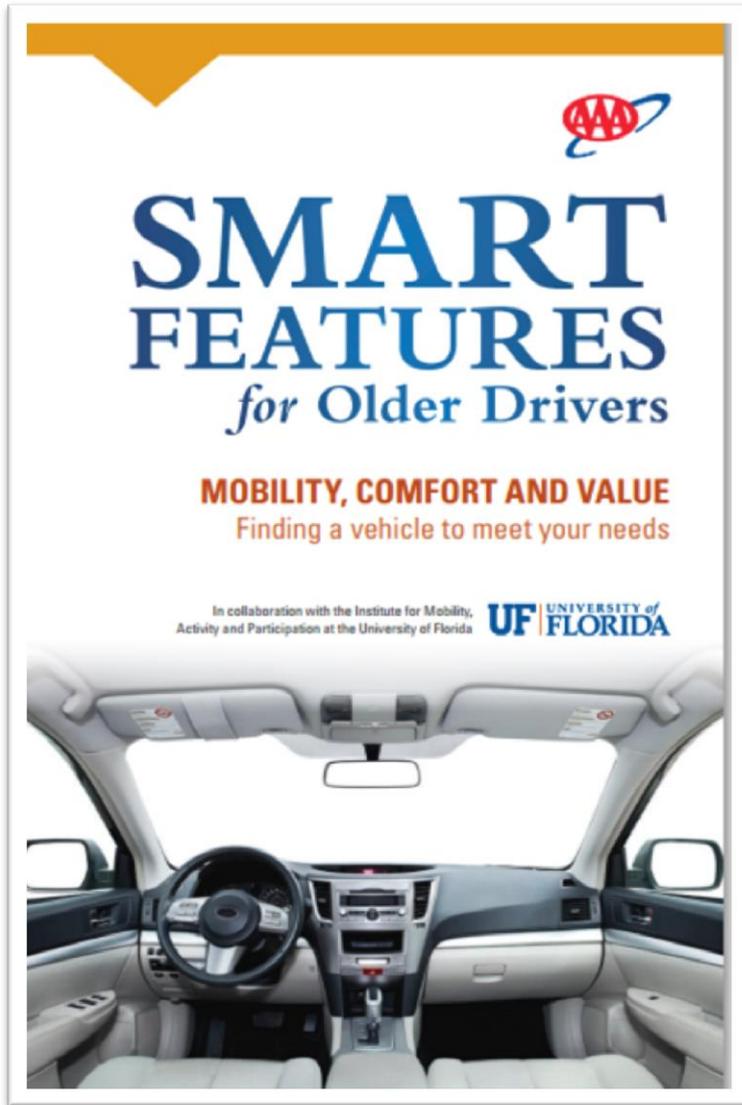


	MEETS AAA RECOMMENDATIONS?
<p><b>Renewal for older drivers:</b>  <i>opportunities for DOL staff to identify and refer potential at-risk</i></p>	<p><b>Yes</b> • Washington requires license renewal every 6 years, in-person every other renewal; drivers age 70 and older must renew in-person every renewal</p>
<p><b>License renewal:</b>  <i>if sight may be a sign glasses or contacts are required, or it may in addition needs further evaluation by a health care provider</i></p>	<p><b>Yes</b> • Washington requires visual acuity testing for all drivers at every in-person renewal</p>
<p><b>Physician referral:</b>  <i>available form makes it easier for healthcare providers to refer a driver</i></p>	<p><b>Yes</b> • Washington makes available online an official referral form that healthcare providers can use to refer a potential medically at-risk driver</p>
<p><b>Law enforcement referral:</b>  <i>available form makes it easier for police to refer a potential at-risk driver</i></p>	<p><b>Yes</b> • Washington makes available online an official referral form that law enforcement can use to refer a potential medically at-risk driver</p>
<p><b>Immunity for referral in good faith:</b>  <i>may be discouraged from referring a patient if they can be sued for negligence and violation of patient-doctor privilege</i></p>	<p><b>No</b> • Washington does not offer immunity for healthcare providers who refer potential medically at-risk drivers  <b>AAA recommends that healthcare providers be immune from civil and/or criminal liability for good faith referral of a potential at-risk driver</b></p>
<p><b>Observational training:</b>  <i>trainers can objectively observe motorists for potential impairments while driving</i></p>	<p><b>Yes</b> • Washington provides local examiners with observational training or guidelines on observing for potential medical impairments that can affect driving ability</p>
<p><b>Medical expertise:</b>  <i>established Medical Advisory Boards to advise on medical policy and individual case reviews. However, a few states have adopted other models to obtain medical expertise</i></p>	<p><b>No</b> • Washington does not have a Medical Advisory Board but it does receive input on medical policy from the state medical association and state physicians; Washington relies solely on input from a driver's own physician when considering individual cases  <b>AAA recommends that DOLs have access to objective medical expertise to both advise on state medical policy and to review individual cases, either via a Medical Advisory Board, DOL staff physicians, outside medical groups, or other means</b></p>
<p><b>Restrictions:</b>  <i>to lower risk situations (e.g., during daytime only, on lower speed limits, or at home), medically at-risk drivers can lower their crash risk while driving</i></p>	<p><b>No</b> • Washington may issue conditional licenses that may include restrictions such as daytime driving only or requiring special vehicle equipment  <b>AAA recommends that states make available restricted or conditional licenses for medically-at-risk drivers with all three of the following groups of conditions: geographic, operational, and vehicle</b></p>
<p><b>Assistance or remediation:</b>  <i>able to compensate for risky medical conditions and functional impairments by making modifications to their vehicle and/or learning new driving techniques to reduce crash risk</i></p>	<p><b>No</b> • Washington does not refer at-risk drivers to outside specialists for further assistance  <b>AAA recommends that states have the option to refer drivers in need of more comprehensive assessment and/or remediation to driving rehabilitation specialists for optional further evaluation or assistance</b></p>

# Orig. Pub. in 2001

- Signage
- Pavement Markings
- Designated Turn Lanes
- Delineation of edgelines, curbs, medians, etc.





## Launched in 2008

- Identifies vehicle features that can assist drivers with age-related changes
- Addresses diminished vision, arthritic hands, hip/leg pain and limited upper-body range of motion
- Lists vehicles exemplifying those features



# Road Map...



- Older Drivers by the Numbers
- Research: Past & Present
- Policy: Licensing, Infrastructure, Vehicles
- **Tools & Resources for Consumers**



For PC and Mac Users

Check your driving abilities...  
Conveniently, confidentially and  
from the comfort of home!



# Roadwise Review™

A Tool to Help Seniors  
Drive Safely Longer

powered by DRIVINGHEALTH® INVENTORY

What Users Tell Us About Roadwise Review...

"If you take the test and you do well, it gives you confidence.  
If you have concerns, you'll learn about what you  
can do to keep driving safely."

"... very well set up, easy to follow and move through..."

## Roadwise Review

- Easy-to-use self-screening tool
- Shows how age-related changes in visual, mental, and physical abilities affect driving
- Delivers immediate and confidential feedback
- Results are user-specific



# Launched in 2007

- Free, community-based edu/outreach program
- Designed to enhance comfort and safety while behind the wheel
- 12-point checklist/review
- Involves brief consult with an OT/CDRS

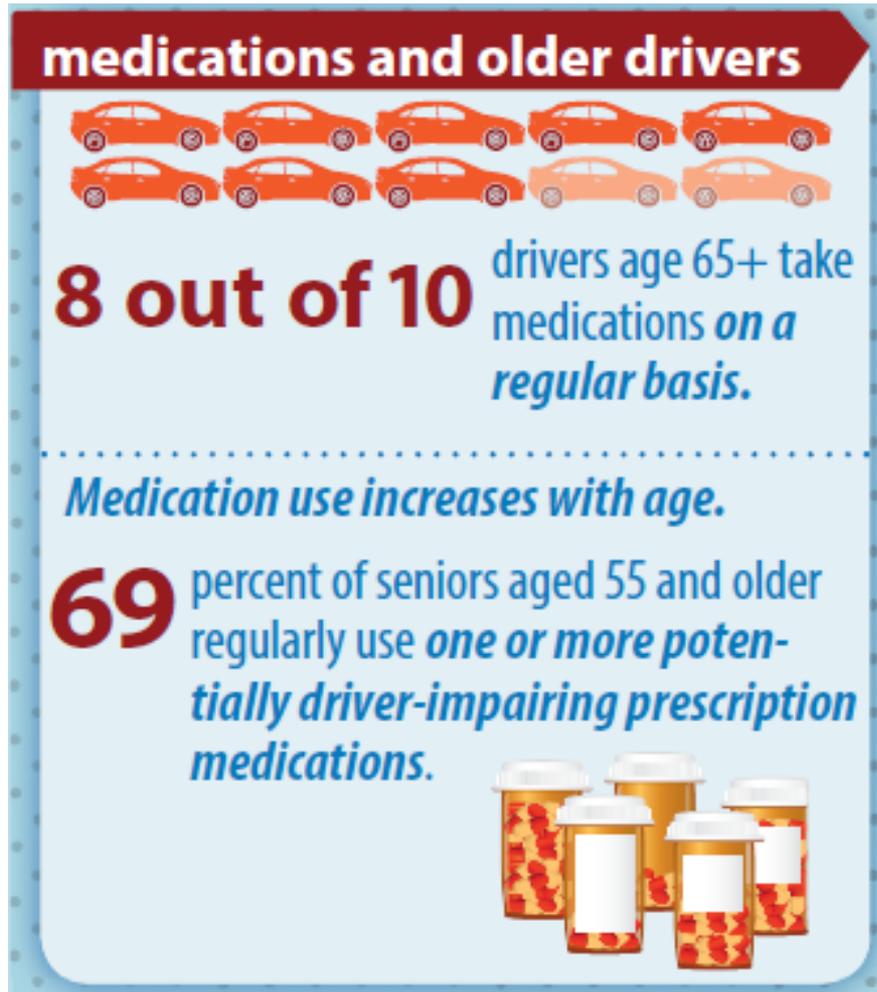


# Drive Sharp

- Cut your risk of a car crash by up to 50%
- Increase useful field of view by up to 200%
- Improve reaction time - reduce stopping distance by up to 22 feet at 55 mph
- Drive with greater confidence at night, in congested traffic, and in new places
- <https://www.aaafoundation.org/drivesharp>



# Unanswered need remained





**48**

percent of seniors have *never spoken* to their healthcare providers about possible dangerous side effects their medications could have on driving.



# Why is that a Problem?

**medication effects on driving**



Trouble staying **alert or awake**

.....

Difficulty **maintaining control** of the vehicle

.....

Difficulty **concentrating** on the road

.....

Changes in **demeanor**



# Led to the 2012 development of:



- Developed by the AAA Foundation for Traffic Safety
- Online tool that details common side effects of prescription and over-the-counter medications
- Generates personalized feedback on how medications, herbal supplements and foods, and their interactions with each other, can impact safety behind the wheel. learn how to mitigate possible crash risks.



# How does it work?



Your tool for understanding how medications may affect you and your driving.

## Enter your medications below

Begin typing the name of a medication that you are currently taking below and then select it from the list. Once you have entered all your medications, both prescribed and over-the-counter, click "View Results."

[WHAT IS ROADWISE RX?](#)

zol

[NEED HELP ?](#)

DRUG NAME	GENERIC NAME
Zoladex	Goserelin
Zoledronic acid	Zoledronic acid
Zolene hc	Chloroxylonol/hydrocortisone/pramoxine otic
Zolinza	Vorinostat
Zolmitriptan	Zolmitriptan
Zoloft	Sertraline
Zolpidem	Zolpidem
Zolpimist	Zolpidem
Zolvit	Acetaminophen-hydrocodone

[Legal Disclaimer](#)

[ation.org](#)





# Interactions Between Medications



Your tool for understanding how medications may affect you and your driving.

## Medication Interactions Detected

RoadwiseRx found one or more warnings about the medication you are taking. Click on a tab below to learn about medication interactions, single medication information, driver warnings, and potential food interactions.

[Edit Medications List](#)

Click below to see your results

- Interactions: 1 Found
- Food Interactions: 2 Found
- Driver Warnings: 4 Found
- Medication Info: 2 Found

Medication Interactions 1

Food Interactions 2

Driver Warnings 4

Learn More About Your Medication 2

### Medications with potentially Major interactions when taken together:

**Ambien**  
Zolpidem

**Claritin**  
Loratadine

CNS Depressants and Zolpidem may be used at the same time, but bad side effects or changed drug effects may occur. Your doctor may think about changing the dose or time of your drugs to lower the chance of these effects. Taking CNS Depressants may increase the risk for Zolpidem to cause unwanted effects such as drowsiness, weakness, muscle weakness, confusion, and trouble breathing. If you



# Interactions with Food



Your tool for understanding how medications may affect you and your driving.

## Food Interactions Detected

RoadwiseRx found one or more food, drink or supplement related warnings with the medications and/or supplements that you are taking. Click on a tab below to learn about medication interactions, single medication information, driver warnings, and potential food interactions.

[Edit Medications List](#)

Click below to see your results

-  **Interactions:** **1 Found**
-  **Food Interactions:** **2 Found**
-  **Driver Warnings:** **4 Found**
-  **Medication Info:** **2 Found**

-  **Medication Interactions** **1**
-  **Food Interactions** **2**
-  **Driver Warnings** **4**
-  **Learn More About Your Medication** **2**

### Ambien

<b>Alcohol:</b>	May enhance the adverse/toxic effects of zolpidem. Management Avoid use of ethanol.
<b>Food:</b>	Maximum plasma concentration and bioavailability are decreased with food; time to peak plasma concentration is increased; half-life remains unchanged. Grapefruit juice may decrease the metabolism of zolpidem. Management Avoid grapefruit juice.
<b>Herbal Supplements:</b>	St John's wort may decrease the levels/effects of zolpidem. Some herbal medications should be avoided due to the risk of increased CNS depression. Management Avoid

# Driver Warnings

## Driver Warnings Detected

RoadwiseRx found one or more driving related warnings with the medications and/or supplements that you are taking. Click on a tab below to learn about medication interactions, single medication information, driver warnings, and potential food interactions.

[Edit Medications List](#)

Click below to see your results

 <b>Interactions:</b>	<b>1 Found</b>
 <b>Food Interactions:</b>	<b>2 Found</b>
 <b>Driver Warnings:</b>	<b>4 Found</b>
 <b>Medication Info:</b>	<b>2 Found</b>



**Medication Interactions**

1



**Food Interactions**

2



**Driver Warnings**

4



**Learn More About Your Medication**

2

## Trouble staying alert or awake

### Side Effects:

#### **Ambien**

*drowsiness, confusion, fatigue, amnesia, hallucinations, sleepiness, sleep, insomnia*

#### **Claritin**

*confusion, fainting, fatigue, amnesia, high blood pressure, sleepiness, low blood pressure, insomnia, hypertension, hypotension*

### Interactions:

#### **Ambien with Claritin**

*drowsiness, confusion*

### Trouble staying alert or awake may result in...

- Challenges staying within the lane markings and increased risk of leaving the roadway. When drivers are unable to remain in their lane, it increases their likelihood of hitting another vehicle, traveling into oncoming traffic, or driving off the side of the road.
- Delayed reactions to on- and off-road events (e.g., taking a longer time to apply the brakes if another vehicle stops suddenly or more slowly swerving to avoid an unexpected item in the road). Slower reactions make a driver more vulnerable to obstacles in the roadway.
- Lower levels of vigilance and awareness about road conditions and



# Detailed Medication Information



Medication Interactions

1



Food Interactions

2



Driver Warnings

4



Learn More About Your Medication

2

## Ambien

Hide



**What key warnings do I need to know about before using this drug?**

- Please read the medication guide.

**When is it not safe to use this drug?**

- If you have an allergy to zolpidem or any other part of this drug.
- Tell your doctor if you are allergic to any drugs. Make sure to tell about the allergy and what signs you had. This includes telling about rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.

**What is this drug used for?**

- It is used to treat sleep problems.

**How does this drug work?**

- Zolpidem calms the brain.

**How is this drug best taken?**

- Use this drug only for short periods of time (7 to 10 days)





# Results

Roadwise



Your tool for understanding how medications may affect you and your driving.

## My Medication List

*Why should you record the dosage of your medications?*

The benefits of having a complete and detailed recording of all the medications and supplements that you are taking are multi-fold: this eases doctors visits and discussions with pharmacists, and it's a great safety measure to keep a copy in your purse or wallet in case of emergency.

DRUG NAME	GENERIC NAME	DOSAGE <i>optional</i>
Ambien	zolpidem	<input type="text"/>
Claritin	loratadine	<input type="text"/>



Email:





# Brown Bag Review



# Roadwise Rx

- Free
- Available to the public
- Completely confidential
- Offers great safety benefits



[AAA.com/RoadwiseRx](http://AAA.com/RoadwiseRx)





**SENIORDRIVING.AAA.COM**  
 HELPING SENIORS DRIVE SAFER & LONGER

SEARCH

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- Understanding Mind & Body Changes ▾
- Improve Your Driving Skills ▾
- Maintain Mobility & Independence ▾
- Tools & Additional Resources ▾
- Resources for Family & Friends ▾

## DOES YOUR CAR FIT YOU?

The proper fit in your vehicle is essential for both your safety and the safety of others on the road. CarFit provides a quick, yet comprehensive 12-point check of how well you and your car work together.

[LEARN MORE](#)




SMART FEATURES FOR OLDER DRIVERS



DOES YOUR CAR FIT YOU?



KNOW THE LICENSING LAWS IN YOUR STATE



GET A DRIVING HEALTH CHECK-UP



# Local Transportation Programs

FIND A RESOURCE

- STP
- Paratransit
- Public Transit

ZIP CODE

within 10 miles

SUBMIT



# Local Transportation Programs

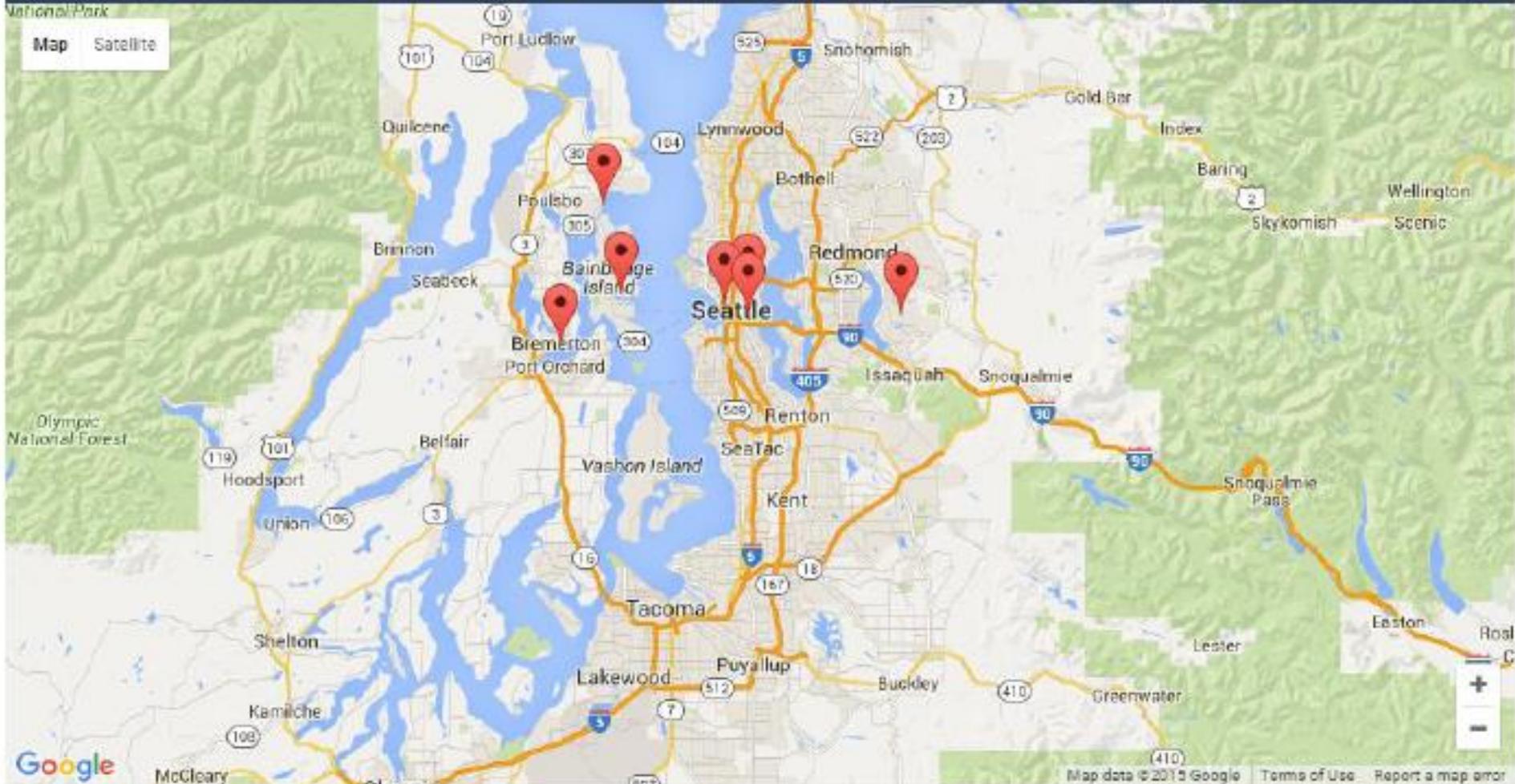
FIND A RESOURCE

- STP
- Paratransit
- Public Transit

98101

within 50 miles

SUBMIT





# Thank You!

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**[Nwarrenkigenyi@national.aaa.com](mailto:Nwarrenkigenyi@national.aaa.com)**

